

YMCA NSW COMMUNITY IMPACT REPORT 2013



Connecting people to their communities
to live happier, healthier lives.



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ABOUT THE YMCA

WHO WE ARE

YMCA NSW (the Y) is a vibrant, not-for-profit charity delivering contemporary programs to more than 100 locations in over 40 communities. Our programs focus on:

- Family
- Healthy Living
- Developing Young People
- Those Less Fortunate

We do this through our core operational divisions of Camping, Children’s Services and Recreation. We also raise funds to deliver much needed community programs.

OUR VISION

Every community deserves a Y

OUR PROMISE

The Y connects people to their communities to live happier, healthier lives.

PRESIDENT AND CEO'S REPORT



At the Y we believe every family should spend quality time together and connect. We operate a large number of community facilities that offer this opportunity via recreation, children's services and camping programs. Our aim is to make a difference to people's lives and also give back through charitable endeavours.

Our vision is simple; to create healthier, happier lives. And this is something we have been striving to achieve since we were established in NSW 160 years ago. This Community Impact Report highlights our accomplishments and the difference we make to individuals, families and communities across the state.

The past year has been challenging for the Y, but we are proud to say our dynamic organisation has continued to evolve for the better - a milestone we would have not been able to achieve without the hard work of our dedicated and talented staff.

During 2013 we welcomed 27 new contract partners, entering into 21 new children's services partnerships and six new management contracts with local government partners, including Whitlam Leisure Centre with Liverpool City Council and UNSW Fitness and Aquatic Centre with the University of New South Wales.

A key highlight was the launch of the YMCA Annual Appeal. With the theme "Everyone deserves a chance", the campaign raised almost \$40,000 for much needed community programs to help change the lives of children, teens and adults in our communities. Hearing 16-year-old David's story and the impact of YMCA Epping on his journey to recovery from depression was a touching reminder of the difference our programs are making in the lives of many.

Our Community Programs division was created, offering more programs and services to satisfy community needs. This included the recruitment of a General Manager of Community Programs and a Disabilities Programs Manager, along with the development of the YMCA Youth and Government suite beyond the Youth Parliament program.

Our state-wide organisation was challenged by our involvement in the Royal Commission into Institutional Responses to Child Sexual Abuse. This challenge has, however, helped us to grow. We are committed to evolving and learning from our experiences and through the Commission's processes we have begun, and continue to develop, proactive child safety measures.

In 2014 we will focus on consolidation and building on our foundations to create a stronger and more robust organisation. We will continue to work with government and corporate partners who are also committed to the happiness and health of all in NSW.

We would like to thank everyone who contributed to the Y's success in 2013 and hope you enjoy reading about our journey.




David Mayes
President


Phillip Hare
Chief Executive

160 YEARS OF SERVING COMMUNITIES, NOW AS YMCA NSW

During July 1853 a group of migrant men from London YMCA met together in Sydney with the vision of establishing an Association based on the work carried out in the motherland. Twenty-three men met in Gloucester Street, Sydney and pledged themselves to the Association in August of that year.

And so, the YMCA of Sydney was born.

160 years on and the Y is still relevant today and continues to tackle some of society's biggest issues, including loneliness, depression and assisting those less fortunate.

In recognition of the Y's expanding presence across the state, with over 60% of services now outside of the Sydney metropolitan area, the YMCA of Sydney was renamed YMCA NSW.

Find out more about our history at

www.tiki-toki.com/timeline/entry/154392/YMCA-NSW-History



2013: A YEAR OF GROWTH



New Community Programs Division

During 2013 the Y welcomed the creation of a fourth division – Community Programs. Led by General Manager Melanie Jess, the division focuses on community strengthening and programming to complement our four brand pillars. The division is also a dedicated support and guidance for Youth & Government, Community Visitors Scheme (CVS), Cooma Youth Hub, disability programming, Rebuilding Families programs, YMCA Brightside Mental Health and Wellbeing program and Indigenous Management Academy.

The role of the Community Programs division is to empower centres to be able to offer programs that make a difference in their communities.

Creation of YMCA Youth and Government

Due to the success of YMCA NSW Youth Parliament, which has been running since 2001, the Y expanded the program to incorporate a wider suite of youth programs under YMCA Youth & Government. All Youth & Government programs nurture the potential of young people to lead, learn and connect to their community and advocate for causes they are passionate about.

Youth & Government programs now include:

YMCA NSW Youth Parliament, for young people aged 15-18 years
YMCA NSW Junior Parliament, for young people aged 12-15 years
YMCA NSW Parliament Primary School, for students in Years 4-6
YMCA Think Tank, an opportunity for young people aged 15-24 years to engage in policy working and action days.

New Partners

We experienced continued growth in 2013, expanding our business and welcoming new partners who share our vision of creating happier, healthier lives.

Recreation Partners

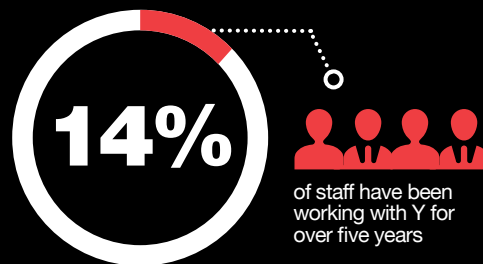
Bellingen Council, Greater Taree Council, Ku-Ring-Gai Council, Liverpool City Council, Liverpool Plains Shire Council and University of New South Wales

Children's Services Partners

Kooloora, Malabar Public School, Ulladulla Public School, Harrington Street Public School, St Anthony's Primary School, Bargo Public School, Narellan Public School, Campbelltown East Public School, Ambrosia Cottage, Narrabeen Sports High School, Elanora Heights Public School, West Pennant Hills Public School, Claremont Meadows Public School, Springwood Public School, Singleton Heights Sports Centre, Wyoming Public School, Gorokan Public School, Biraban Public School, Boolaroo Primary School, Biddabah Primary School and Valentine Primary School

OUR REACH

Found in over 100 locations across NSW, the Y helps to connect people with their communities to live happier healthier lives.



FAMILY

5,900+ families developed healthier lifestyles on a Y Family Membership

16,296 people created life-long memories at a Y Camp



242 groups reconnected at a Y Camp

2,336 staff employed by YMCA NSW

200+ volunteer their time to the Y



3.3 average number of people on a Y Family Membership

HEALTHY LIVING

4.39m visits to Y programs and services



463 children enjoyed excursions with Y Flexible Respite

16,000+ people maintained their health and fitness routine last year

1,000+ mature adults regained their fitness with Y PrYme Movers



458 people worked out with Y Brightside Mental Health and Wellbeing Program

520,000+ attendances in Y Swimming Lessons

3,500+ got more splash for their cash with a Y Aquatic Membership



9,834 built their fitness, skills and confidence in Y SwimAbility

1,142 developed independent living skills in Y Integrated Recreation

DEVELOPING YOUNG PEOPLE



245

young people were heard in Y Youth & Government

1,354

young people got fit and healthy in Y Teen Gym

3,000+

tumbled, jumped and spun into Y Gymnastics

2,984

brekkies were served at Y Breakfast Club



562

young people took part in the Y's Healthy Futures at Cobham Juvenile Justice Centre

500,000+

attendances at Y Outside School Hours Care

THOSE LESS FORTUNATE



354

families attended a Y Rebuilding Families Camp

418

people given a healthy start with Y Fee Assistance

862

people Dived In and Helped Out in the YMCA Swimathon



75

people ran for Team Y in the City2Surf

\$210,000+

raised nationally through the YMCA Swimathon

\$75,000+

raised through YMCA Charity Golf Day

\$39,200+

raised through the YMCA Annual Appeal

A WEEK AT THE Y

9,000+

visits to a Y Outside School Hours Care centre each week



420

schools took part in the Y's School PE program each week

5,172

young people worked out with the Y's School PE program each week

33,000+

made a splash at a Y aquatic centre each week

198,000+

competed in Y Sports Competitions each week



BRINGING FAMILY TOGETHER

Single parents with dependent children are more at risk of experiencing loneliness. The number of one-parent families is projected to increase by between 40% and 77% over the 25 year period from 2006-2031.¹

The Y is dedicated to bringing families together and providing a “third place” away from the pressures of work and home where they can connect and be active together.



Chris's Story

For Chris and his three sons – Brad, Ben and Lachlan – time to hang out and connect is precious. Thanks to the Y they can unwind and create special family memories.

The four are regular participants in our Rebuilding Families Weekend Escapes at the Y's Camp Yarramundi, where single-parent families who are doing it tough can experience a weekend of fun, adventure and quality time together. “I first heard of the Y's camps in 2009 through the boy's school. It was just after their mother, my wife, passed away after a five year battle with scleroderma.”

With the tragedy of his wife's death came further hardship for Chris's family. Her care and medical expenses had forced the sale of their family home, which meant they had to move in with the boys' grandmother. In addition, Chris has to work two jobs just to make ends meet. He has just enough time to prepare the boys' dinner after his day job as a cabinet-maker before heading out to his night job stacking supermarket shelves.

Weekends away were out of the question until Chris and his boys discovered Camp Yarramundi.

“We always have a good time at camp,” Chris says. “The Y has given us time together as a family. I really appreciate the opportunity to just chill with my boys, away from the stresses and pressure of everyday life. It's also the only chance I get to interact socially with other adults and I've been fortunate to develop quite a support network as a result.”

“Camp Yarramundi and the Y has helped change our lives in a positive way... big time!”

THE Y HAS GIVEN US TIME TOGETHER AS A FAMILY



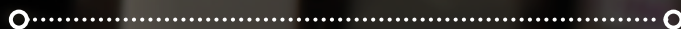
In 2013, 354 families participated in the Y's Rebuilding Families Camps



ENCOURAGING HEALTHY LIVING

Up to 45% of Australians aged 16-85 years have experienced depression, anxiety or mood disorders.²

The Y has a direct impact on the physical, social and mental health of individuals, families and communities through diverse programs accessible to people of any age and ability.



Justine's Story

For Justine, working out at the Y has much more than just physical benefits. She feels the positive effects in every part of her life. The 42-year-old single mother lives with rapid-cycling bipolar disorder and struggles with extreme emotional highs and lows on a daily basis. However, since attending YMCA Brightside Mental Health & Wellbeing program at the Y-managed Morris Iemma Indoor Sports Centre in Riverwood, life has become a little bit easier. The Y's Brightside program is a free, 60-day health and wellbeing program for people living with mental illness.

"Going to the Y adds structure to my life and has helped me to lose weight, but it's the little things that really make the difference – the 'hellos' and waves I get, and the concerned 'where were you the other day?' when I missed a session. The trainers aren't counsellors but they definitely act as a support network and really care about my wellbeing."

A wealth of research points to the positive effect of exercise on mental wellbeing, namely by reducing stress and increasing energy levels, and improving self-esteem and confidence.

As well as completing the Brightside program, Justine is now benefitting from the Y's Fee Assistance, which means she can use the centre's facilities without financial burden.

"As I'm unable to work and need to support two children, the Y's Fee Assistance makes it possible for me to remain on the road to recovery. Without it, training would not be an option; it's as simple as that."

"Some people with mental illness struggle to see even a day ahead. I feel so lucky that the Y is always there for me to turn to. It's a place where I feel completely comfortable and accepted. It's really boosted my confidence and given me a lot of hope for the future."



In 2013, 478 people accessed the Y's Brightside Program

**I FEEL SO LUCKY THAT
THE Y IS ALWAYS THERE
FOR ME TO TURN TO**

DEVELOPING YOUNG PEOPLE

Almost 1 in 10 children skip breakfast regularly.³

The Y is focused on nurturing the potential of every child and teen through a range of age appropriate programs to develop skills and confidence.



Sam's Story

To catch the bus to school, Sam, aged 11, has to leave home so early she has no time for breakfast. This means going hungry, unless it's Breakfast Club day at Y-managed Lake Haven Recreation Centre.

"I come to Breakfast Club every Thursday after I get off the bus. It means I don't have to go to school hungry on Thursdays," she says.

Unfortunately, through differing circumstances, breakfast is not the main meal for many children who attend the Y's Breakfast Club. Many also take the opportunity to mix with other kids in a positive, supportive setting.

For kids who can't eat breakfast at home, the Y's Breakfast Club helps get their school day off to a healthy, nutritious and fun start. Volunteers help to run the program, often cooking food such as muffins in their own time to serve for the kids as a treat. Sixteen-year-old Nathan comes to Breakfast Club early to help set up and get the breakfast ready for peers.

"The staff are really nice, they're like family now," says Nathan. "I like to be there to help out and it means I get a good, healthy start to the day too."



In 2013, 2984 meals were served in the Y's Breakfast Club program

**THE Y'S BREAKFAST CLUB MEANS
I DON'T HAVE TO GO TO SCHOOL
HUNGRY ON THURSDAYS**



SUPPORTING THOSE LESS FORTUNATE

The high cost of putting kids in organised sport is a key reason why over a million children aged five to 14 in Australia do not take part in outside school sport today.⁴

The Y believes participation in any of its programs and services should not be restricted to the financially privileged. As a charity, the Y offers much needed benevolent programs that are having a positive impact on the lives of those less fortunate in our communities.



Kerry's Story

Kerry cannot praise the Y's Fee Assistance program enough. With her husband, she fosters seven children between the ages of three and 16 and says that without the program, her family would be broke.

"Fee Assistance has been wonderful. Without it, things would be very different. When the kids first came along, swimming lessons were the first social outlet they had available to them," she says.

As part of the Y's commitment to overcoming disadvantage and making healthy lifestyles accessible to all, Fee Assistance allows anyone willing but unable to pay to enjoy the Y's programs and services.

Each of Kerry's children have participated in Swimming Lessons at the Y-managed Hawkesbury Oasis Lesiure Centre but have taken away much more than swimming skills.

"The kids have changed dramatically through the swimming lessons. They are now more confident and more social. It's something they all look forward to very much.

"Without Fee Assistance we would not be able to afford to send them all to the pool or learn to swim to give them skills that could potentially save their lives. The two youngest ones have Cerebral Palsy and Autism so the pool has had a really positive impact on them especially.

"The staff at the centre are amazing at what they do and how they treat you. It's just fantastic."



In 2013, 418 members were supported with the Y's Fee Assistance program

WITHOUT YMCA FEE ASSISTANCE WE WOULD PROBABLY BE BROKE

YMCA ANNUAL APPEAL

In Australia, 160,000 young people (16-24 years) live with depression and around 1 in 6 have anxiety.⁵

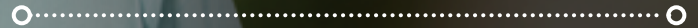
Our 160th year was a time of reflection. Of looking at our history and appreciating the journey we have taken to become the organisation we have grown into today.

Throughout this process we realised that our impact today is just as significant as ever as we continue to focus on societal issues that affect the communities we serve.

In recognition of this, the Y held its first appeal campaign – the YMCA Annual Appeal.

Themed “Everyone deserves a chance”, the Appeal raised almost \$40,000 for much needed charitable programs that help change the lives of less fortunate children, teens and adults in our communities.

The Appeal aimed to assist people like David, 16, who discovered so much more than ‘just a gym’ when he signed-up to his local Y.



David's Story

David, 16, had been living with depression and anxiety for eight years. That was until he discovered a new family at YMCA Epping.

The Y's Fee Assistance program has allowed David to train up to four times a week at the Y. He is thankful for the opportunity to be physically active; even more for the support and friendship of trainers Jarryd and Greg.

“Coming to the gym is my escape,” said David. “It’s like an instant anti-depressant, where I feel comfortable and safe.”

Change was almost immediate for David who said the levels of anxiety and the depression and loneliness he felt daily significantly decreased.

“If it wasn’t for the Y I would be in a very bad place,” he said. “I have just started Year 11 and if I wasn’t going to the Y I wouldn’t be able to get through my day. I often wake up and think about going for a workout after school and that gives me the confidence to face the day.

“Greg and I are great mates now. I can tell him about anything troubling me and he’ll give me the guidance I need. It’s a great support network.”

For added support, David’s mum Linda, who has recently been diagnosed with type 2 diabetes, has started working out at the Y alongside her son.

“My dad is also going to sign up,” said David. “I’m looking forward to spending time together at the Y. It will bring us closer together.”

To find out more visit www.ymcansw.org.au/making-a-difference

**THE Y IS MY ESCAPE.
IT'S LIKE AN INSTANT
ANTI-DEPRESSANT**



YMCA SWIMATHON

Around 1 in 5 Australians have a disability.⁶

The Y believes that everyone should have the chance to experience the joy of swimming regardless of their ability. Through our SwimAbility program, people with disability have an opportunity to learn vital swimming skills.

The annual YMCA Swimathon made a big splash raising over \$210,000 to support SwimAbility and the Y's vision of ensuring access to the pool for all. 2013 marked the third year for the national fundraising event, and attracted over 2,500 people of all ages and abilities across 69 locations on Sunday 3 March.

To find out more visit www.ymcaswimathon.org.au

YMCA CHARITY GOLF DAY

In NSW alone over 16,000 children from dysfunctional, abusive or neglectful families live in out-of-home care.⁷

Not only are these children separated from their parents, they are separated from their brothers and sisters. The bonds forged out of supporting one another through hard times are broken, their sense of identity is diminished and many suffer from loneliness and separation anxiety, ultimately affecting the child's educational experience and their quality of life.

The Y's Siblings Reconnect brings together siblings who are separated through foster care each school holidays at YMCA Camp Yarramundi. The Camp gives the children an opportunity to do what many take for granted and be a family. Without the Y, many of these siblings would rarely, if at all, see each other.

The fourth annual YMCA Charity Golf Day was held on 14 November and supports the delivery of the Siblings Reconnect program.

Over 100 supporters enjoyed a day of golf and entertainment at Macquarie Links International Golf Club and raised over \$75,000 for the program, which will allow almost 200 children to attend a five-day camp.

THANK YOU



RECREATION PARTNERS

Bankstown City Council // *YMCA Bankstown, YMCA Greenacre*
Bellingen Shire Council // *Bellingen Shire Pool*
Broken Hill City Council // *Broken Hill Regional Aquatic Centre*
Camden Council // *Mount Annan Leisure Centre, Camden War Memorial Pool*
Campbelltown City Council // *Minto Indoor Sports Centre*
Cessnock City Council // *Kuri Kuri Aquatic and Fitness Centre*
City of Ryde // *Ryde Community Sports Centre*
City of Sydney // *Ian Thorpe Aquatic Centre, Cook+Phillip Aquatic and Fitness Centre*
Cooma-Monaro Shire Council // *Cooma Festival Pool, Cooma Youth Hub*
Eurobodalla Shire Council // *Batemans Bay Aquatic Centre, Moruya Pool, Narooma Pool*
Goulburn Mulwaree Council // *Goulburn Aquatic Centre*
Great Lakes Council // *Great Lakes Aquatic*
Greater Taree Council // *Manning Aquatic Centre, Wingham Memorial Aquatic Centre*
Hawkesbury City Council // *Hawkesbury Oasis Leisure Centre, Hawkesbury Indoor Sports Stadium*
Hornsby Shire Council // *YMCA Epping*
Ku-Ring-Gai Council // *West Pymble Pool, YMCA St Ives*
Liverpool City Council // *Whitlam Leisure Centre, Michael Wenden Aquatic Leisure Centre*
Liverpool Plains Shire Council // *Quirindi Pool, Quirindi Recreation Centre, Werri Creek Pool*
Muswellbrook Shire Council // *YMCA Muswellbrook Gym*
Nambucca Shire Council // *Macksville Aquatic Centre*
Port Stephens Council // *Lakeside Leisure Centre, Tomaree Aquatic Centre, Tilligerry Aquatic Centre, YMCA Raymond Terrace*
Rockdale City Council // *Bexley Pool, YMCA Amcliffe*
Singleton Council // *Singleton Gym and Swim, Singleton Heights Sports Stadium*
Sutherland Shire Council // *YMCA Caringbah*
University of New South Wales // *UNSW Fitness & Aquatic Centre*
Wyong Shire Council // *Wyong Olympic Pool, Toukley Aquatic Centre, The Entrance Ocean Baths, Lake Haven Recreation Centre*

CAMPING PARTNERS

Sydney Olympic Park Authority

GRANTS

Department of Education and Communities, Office of Communities // \$146,946
ClubGRANTS Committee // \$50,278
Defence Community Organisation // \$27,283
Endeavour Foundation // \$20,000
Fone Free Feb // \$20,000
Department of Industry, Innovation, Science, Research and Tertiary Education // \$17,529
Ageing, Disability and Home Care (ADHC) // \$14,600
Cessnock City Council // \$12,774
Enterprise & Training Company (ETC) // \$10,604
Honda Foundation // \$9000
Camden Council // \$5250
City of Sydney // \$5000
Bankstown City Council // \$3158
Foundation for Rural and Regional Renewal (FRRR) // \$2000
Coles // \$1810
Marrickville Council // \$1730
Penrith City Council // \$869

CHILDREN'S SERVICES PARTNERS

Ambrosia Cottage // *Ambervale*
YMCA Amcliffe // *Amcliffe*
Amcliffe Public School // *Amcliffe*
Bargo Public School // *Bargo*
St Joseph's Primary School // *Balmore*
Blackett Primary School // *Blackett*
Lynwood Park Public School // *Blacktown*
Walters Road Primary School // *Blacktown*
Boolaroo Primary School // *Boolaroo*
Harrington Street Public School // *Cabramatta*
Campbelltown East Public School // *Campbelltown*
YMCA Caringbah // *Caringbah*
Laguna Street Public School // *Caringbah*
Caringbah Public School // *Caringbah*
Excelsior Public School // *Castle Hill*
St Joseph's Primary School // *Charlestown*
Claremont Meadows Public School // *Claremont Meadows*
Elanora Heights Public School // *Elanora Heights*
YMCA Epping // *Epping*
Our Lady of the Rosary Primary School // *Fairfield*
Georges Hall Public School // *Georges Hall*
YMCA Greenacre // *Greenacre*
Glenwood Public School // *Glenfield*
Gorokan Public School // *Gorokan*
YMCA Lake Haven // *Gorokan*
Hamilton Public School // *Hamilton*
Hammondville Public School // *Hammondville*
Homebush West Public School // *Homebush West*
St George Christian School // *Hurstville*
Sackville Street Public School // *Ingleburn*
Beaumont Road Primary School // *Killara*
Brooke Avenue Primary School // *Killarney Vale*
Kincumber Primary School // *Kincumber*
St James's Primary School // *Kotara South*
Lilli Pili Public School // *Lilli Pili*
Lisarow Primary School // *Lisarow*
Kooloora // *Little Bay*
All Saints Primary School // *Liverpool*
St Patrick's Primary School // *Lochinvar*
Chifley Public School // *Malabar*
Malabar Public School // *Malabar*
Lycee Condorcet School // *Maroubra*

PARTNERS

Active Over 50s, Australian Diabetes Council, Autism Community Network, Breakthru, Brighter Futures, Camp Toukley Lutanda, Cerebral Palsy Alliance, Cobham Juvenile Justice Centre, Department of Human Services, Department of Sport and Recreation, Eastern Respite & Recreation, Glebe Local Area Command, Greater Toukley Vision, Job Centre, Kellogg's, Kidsportz, Life Without Barriers, Local Government NSW, Neighbourhood Centre, Northcott, Office of Parliamentary Education, Rainbow Club, Royal Life Saving, Salvation Army, Southern NSW Medicare Local, Special Olympics NSW, Sutherland Shire Hospital, The Smith Family, Toukley Public School, Toukley Senior Citizens, Ultimo Village Voice, UNSW Counselling and Psychological Services, WEAVE Youth and Community Services

Marrickville Public School // *Marrickville*
Glendore Primary School // *Maryland*
Newbridge Heights Public School // *Moorebank*
Nuwarra Public School // *Moorebank*
Mt Riverview Primary School // *Mount River View*
Narellan Public School // *Narellan*
Narabeen Lakes Primary School // *Narabeen*
St Therese's Primary School // *New Lambton*
Niagara Park Primary School // *Niagara Park*
Narabeen Sports High School // *North Narabeen*
Oakhill Drive Primary School // *Oakhill Drive*
Padstow Heights Public School // *Padstow*
Panania Public School // *Panania*
YMCA Penrith // *Penrith*
St Anthony's Primary School // *Pictou*
Dalmeny Public School // *Prestons*
Prestons Public School // *Prestons*
Revesby Public School // *Revesby*
Revesby South Public School // *Revesby*
YMCA Bankstown // *Revesby*
St Paul's Primary School // *Rutherford*
Tomaree Education Centre // *Salamander Bay*
YMCA St Ives // *St Ives*
St Marys Primary School // *St Marys*
Shoal Bay Primary School // *Shoal Bay*
Our Lady of Victories Primary School // *Shortland*
Singleton Heights Sports Centre // *Singleton*
Hawkesbury Indoor Sports Stadium // *South Windsor*
Springwood Public School // *Springwood*
Surveyors Creek Primary School // *Surveyors Creek*
St Patrick's Primary School // *Sutherland*
Biraban Public School // *Toronto*
Ulladulla Public School // *Ulladulla*
Valentine Primary School // *Valentine*
Wamberal Primary School // *Wamberal*
Biddabah Primary School // *Warrers Bay*
St Mary's Primary School // *Warrers Bay*
Wentworthville Public School // *Wentworthville*
Werrington County Public School // *Werrington*
West Pennant Hills Public School // *West Pennant Hills*
Winston Hills Public School // *Winston Hills*
Wyoming Public School // *Wyoming*

SPONSORS OF YMCA CHARITY GOLF DAY 2013

Platinum \$15,000 // *Avanti Fitness Group Australia*
Gold \$10,000 // *Westpac Commercial Banking*
Silver \$5000 // *Agema Constructions Pty Ltd, Whittens Lawyers and Consultants Team A*
Bronze \$2000 // *Amer Sports Australia, Employers Mutual Limited, Officeworks/Harris Technology, PremierState, Peters Ice Cream, Precor, Robertson and Marks Architects Pty Ltd, RITEQ, Speedo, TJS Service Group, VoicePlus Pty Ltd*
Supporters \$1000 // *2UE, AirLiquide Australia, Awiso Public Relations, DMG - Nova and Smooth FM, Life Fitness, Parramatta National Rugby League Club, Southern Cross/Austereo, Thompson Ford, Whittens Lawyers and Consultants Team B, YMCA Australia, YMCA eStore*

EXECUTIVE

Phillip Hare // *Chief Executive Officer*

Sathy Sappany // *Chief Financial Officer*

Belinda-Jayne "BJ" Davis // *General Manager, Camping
Acting General Manager, Children's Services from November 2013*

James Ellender // *General Manager, Marketing, Communications & Fundraising*

Melanie Jess // *General Manager, Community Programs*

Brendan Owens // *General Manager, Recreation*

Kylie Pearson // *General Manager, Human Resources*

Liam Whitley // *General Manager, Children's Services until November 2013*

BOARD OF DIRECTORS

Leading and overseeing the Y is a board of 10 talented and committed Directors. These individuals are extraordinarily generous with their time, wisdom and strategic insight.



David Mayes
President since 2008

Bob Parcel,
Vice President since 1980

Grahame Wheeler, AM
Treasurer since 2008

Annalisa Haskell

Sarah Hawthorn



Paul Hughes
Retired December 2013

Jock Kelso

Marg Lennon

Janine Modaro

Renee Saibi

YMCA NSW

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