



YMCA

YMCA  Centre **NEWS** 

# YMCA Centre NEWS



## Congratulations Kathryn and Colette

YMCA St Ives level 10 gymnastic Kathryn Ramsay and Colette Hanna recently competed in the 2017 Australian National Gymnastics Championships in Melbourne.

As a member of the NSW Level 10 team Kathryn (centre front) took home a bronze medal and individually she placed 4th on the vault, 6th on the beam, and 12<sup>th</sup> overall. Kathryn performed some of the most difficult skills over the week and we are very proud of her efforts.

Colette competed as an individual and completed day 1 of competition in 3<sup>rd</sup> place. On day two she suffered an injury that left her unable to finish the competition. Colette is happily back in training and aiming to earn her place back on the vault podium in 2018.



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## Introducing Luca Spina

We are very pleased to welcome Lucia Spina to the St Ives team. Luca is the new Gymnastics Coordinator for YMCA St Ives and Epping

He comes to us with years of sport and gymnastics experience and is looking forward to meeting our gymnasts over the next couple of months.



## Kinder Tots, Kinder Gym and Kinder Rec



Our littlest gymnasts have been having a great time at our Kinder Tots, Kinder Gym and Kinder Rec classes and the next month look like just as much fun! See our list of themes below.

- 26-30 June:** Dress up in your PJs or onesies
- 3-7 July:** Dinosaur Week
- 10-14 July:** Pirate Party
- 17-21 July:** Under the sea
- 24-28 July:** Winter Wonderland

## Staff Profile

### Alex Bautista

Alex is our customer service team leader here at YMCA St Ives. He began his journey with the YMCA in September of 2015 and has loved every minute of his time at St Ives. Although his background is in customer service, seeing what our gymnasts can do leave him in awe. He is working towards a coaching qualification and may even giving some of the skills a go himself.



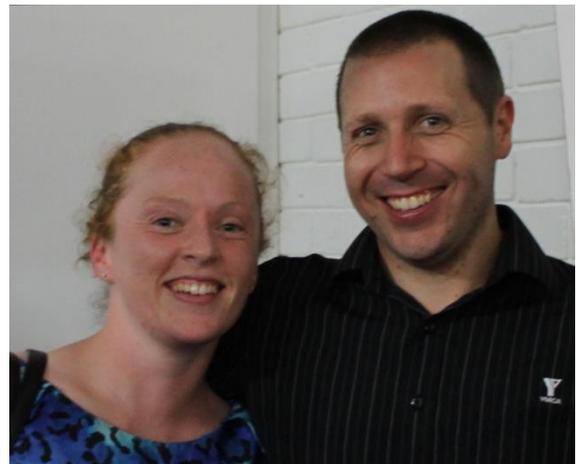
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### Farewell Adam

This month we have farewelled long time YMCA gymnastics coach, coordinator, and all round legend Adam Rose. Adam began working at the Y 2000 as a gymnastics instructor at YMCA St Ives and then took on the role Gymnastics Coordinator for YMCA Epping and St Ives in 2015. During his time with the Y Adam has been responsible for developing numerous staff and students. His passion and dedication for coaching has resulted in a number of gymnasts competing at national level.

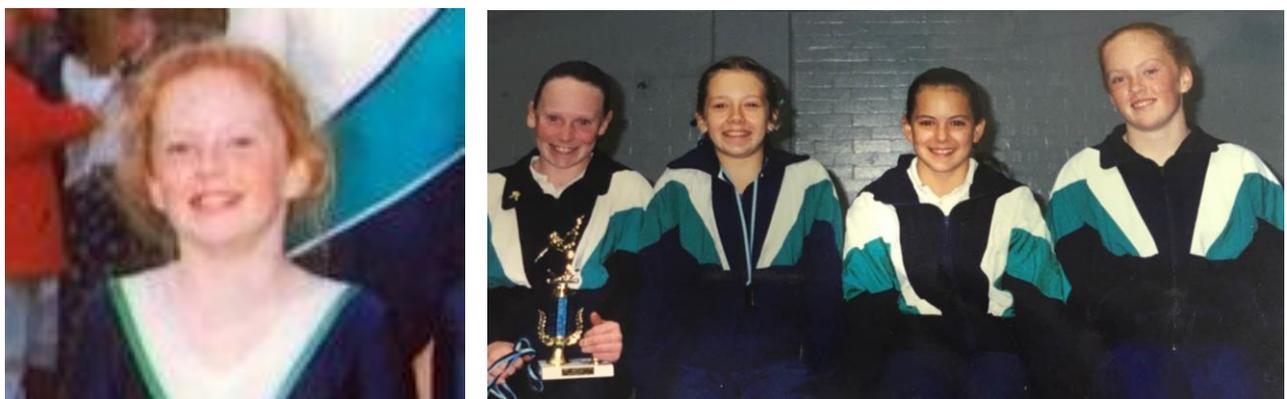
Adam is leaving to open his own gym with his wife Maegan. We wish them every success for the future!



### Farewell Maegan

Sadly, we also bid farewell Maegan Rose. Maegan commenced working with the YMCA in 2001 as a gymnastics instructor. Her quiet determination and organisational skills have been critical to the success of the gymnastics program at St Ives and have contributed to a number of her students competing in National competitions.

Maegan was a successful gymnast herself. She began training at YMCA Epping when she was just 8 years old and went on to compete at many competitions up to level 9.



Together Maegan and Adam are a dynamic duo. Their knowledge and passion for the sport, along with their rapport with students and coaches will be greatly missed!