



HOLIDAYS
AT the





Vacation care

Every day is something different.

THREE WAYS TO HOLIDAY AT THE Y

Every child holidays differently. Some want a day packed with games, creativity and new adventures. Some can't wait to get moving, play sport and make new friends. And some simply want more time to build their skills and grow their confidence doing what they love.

That's why the Y NSW offers three different ways to enjoy the school holidays, so every family can choose the experience that best suits their child, backed by more than 175 years of experience creating safe, inclusive spaces for children to learn, connect and thrive.

VACATION CARE

Full-day care and fun, with Child Care Subsidy available to eligible families.

Delivered through Y OSHC services, Vacation Care is approved school holiday care with a varied program of creative activities, excursions, games, sport and more.

HOLIDAY CAMPS

A day packed with sport, games and creative fun.

Delivered at participating Y Sport and Recreation centres, Holiday Camps give children a little bit of everything, from active games and sport to arts, crafts and group activities.

Holiday Camps are not eligible for the Child Care Subsidy.

HOLIDAY SKILLS CAMPS

Real coaching. Real progress. One sport, one focus.

Designed for children who want to develop their skills in swimming, gymnastics or basketball, Holiday Skills Camps combine focused coaching with encouragement, confidence-building and plenty of fun.

Holiday Skills Camps are not eligible for the Child Care Subsidy.

Y NSW Vacation Care gives primary school-aged children a full day of care, fun and discovery during the NSW school holidays. Delivered at more than 30 Y OSHC services across Sydney, the Central Coast, Newcastle and Broken Hill, our programs welcome existing Y OSHC families and families who are new to the Y.

Every service runs its own calendar of activities, planned and delivered by experienced, qualified educators in a safe and supportive environment. One day might involve sport, outdoor play and team challenges; the next could bring a hands-on workshop, themed experience or exciting excursion. It's full-day school holiday care that helps children stay active, explore their interests, make friends and create memories, with two staff rostered at every service, at all times, and Child Care Subsidy available to eligible families.

What could their day include?

Day camps

Fun-filled activities delivered at the service by Y educators, including:

- Arts and crafts
- STEM activities and science experiments
- Cooking and creative projects
- Sports and active games
- Obstacle courses and outdoor play
- Dance, drama and group challenges
- Special themes and celebrations

Workshops

Interactive workshops and incursions bring new experiences directly to children, think science shows, creative workshops, sporting activities and visits from specialist providers.

Excursions

Children can head beyond the service for an exciting day out. Depending on the local program, excursions may include museums, zoos, parks, playgrounds and entertainment venues, with safety always front of mind.

Child Care Subsidy

Vacation Care is approved Outside School Hours Care, and the Child Care Subsidy may be available to eligible families. The Y NSW is a not-for-profit provider and works to keep the cost of care as accessible as possible for every family.



More ways to move, create, connect and grow.
Explore school holiday programs near you at:
ymcansw.org.au/school-holiday-activities
Programs, ages, dates, activities, pricing and availability vary by location.

Holiday Camps

A holiday full of sport, games and creativity.

Looking for a fun, active school holiday experience without needing approved childcare? The Y's Holiday Camps offer a day packed with variety.

Delivered at participating Y Sport & Recreation centres, these camps give children the chance to move, create, play and connect through a broad mix of supervised activities, from sport and active games to a gymnastics obstacle course, arts and crafts, or team challenges, all part of the same varied holiday experience.

A little bit of everything

Activities vary by location and holiday period but may include:

- Sports and team games
- Gymnastics and movement activities
- Challenges, competitions and obstacle courses
- Arts, crafts and creative projects
- Indoor and outdoor play
- Group activities and opportunities to make friends
- Special themed days and incursions

Holiday Camps are all about enjoyment and variety, ideal for children who want to be active, try different activities and have a great day out without focusing on just one sport.

Holiday Camps are best for:

- Children who enjoy variety
- Families looking for a fun, active day program
- Children who want to try new activities
- Those who enjoy a mix of sport, games and creativity
- Families wanting flexible, day-by-day booking options

IMPORTANT FOR FAMILIES

Holiday Skills Camps are delivered through participating Y Sport & Recreation and JBA locations. They are not approved childcare services and are not eligible for the Child Care Subsidy.



Holiday Skills Camps

Get better at the sport they love.

For children who are ready to focus on one activity, build real skills and see their confidence grow, the Y's Holiday Skills Camps provide dedicated coaching in swimming, gymnastics and basketball.

Unlike our broad Holiday Camps, Skills Camps centre on one sport. Each program gives children more time to practise, receive coaching and work towards meaningful progress in the activity they enjoy, from developing stronger swimming technique and water confidence, to mastering a new gymnastics movement, to improving their basketball game.

Holiday Skills Camps cater to a range of experience levels, from beginners learning the foundations to more experienced participants looking to refine their abilities.



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SWIMMING Skills Camps

Build stronger skills and greater confidence in the water.

School holidays are the ideal opportunity for young swimmers to consolidate their learning and focus on technique. Led by experienced instructors, participating Y aquatic centres may offer intensive lessons and focused holiday programs designed to support faster progression through consistent practice.

Programs may focus on:

- Water confidence and foundational skills
- Stroke technique and development
- Breathing, body position and movement
- Water safety and awareness
- Endurance and swimming confidence
- Skills appropriate to the participant's current level

Whether your child is new to the water or building on existing skills, our supportive instructors help every swimmer progress at their own pace.

JUNIOR BASKETBALL Academy Holiday Camps

Every shot. Every pass. Every new friendship.

At the Y NSW Junior Basketball Academy, developing the player is only part of the experience. JBA Holiday Camps are designed to nurture the individual, helping children build confidence, make decisions, work as part of a team and develop a genuine sense of belonging.

Created for children aged 5–14, JBA Holiday Camps offer focused basketball coaching for beginners through to more experienced young players. Each camp combines skill development, challenges and game play, creating an environment where teamwork and collaboration matter just as much as the points scored.

Sessions may include:

- Ball-handling and dribbling
- Passing and shooting
- Footwork and movement
- Defence and positioning
- Team-based drills and challenges
- Decision-making and game awareness
- Structured games and match play

JBA camps generally run from 9am–3pm, with flexible "Pick Your Days" options available at participating locations, including:

- Bondi Junction
- Killara
- Manly
- Meadowbank
- North Sydney
- Rhodes
- Ryde
- Wahroonga



GYMNASTICS Skills Camps

More time to practise, progress and achieve.

Gymnastics Skills Camps give children the chance to work on specific techniques in a focused and encouraging environment. With guidance from skilled instructors, participants develop strength, flexibility, coordination and confidence while working towards new gymnastics milestones.

Depending on the program and participant level, activities may include:

- Tumbling and somersault development
- Vaulting techniques
- Balance beam and bar skills
- Floor routines
- Trampoline and acrobatics
- Strength, flexibility and conditioning
- Individual skill progression

Programs suit a variety of experience levels, including children trying gymnastics for the first time and gymnasts looking to strengthen existing skills.

SKILLS CAMPS

Skills Camps are best for:

- Children who already enjoy a particular sport
- Beginners who want to develop strong foundations
- Participants looking to improve their technique
- Children who enjoy focused coaching and practice
- Young athletes wanting to build confidence and progress

IMPORTANT FOR FAMILIES

Holiday Skills Camps are delivered through participating Y Sport & Recreation and JBA locations. They are not approved childcare services and are not eligible for the Child Care Subsidy.



WHY FAMILIES CHOOSE THE Y

Safe. Connect. Thrive.

For more than 175 years, the Y has been creating positive change and supporting communities. Each year, more than 8,000 children attend our Outside School Hours Care and holiday programs, and every one of them is welcomed into an environment built on our core values of Safe, Connect and Thrive.

Every Y holiday program, whether it's **Vacation Care**, a **Holiday Camp** or a **Holiday Skills Camp**, is delivered by educators and coaches who are thoroughly vetted, hold current Working With Children Checks and police clearances, and are equipped with First Aid qualifications. Vacation Care services maintain two staff on the roster at all times, and our environments are **independently reviewed by the Australian Childhood Foundation** to ensure children are protected from harm, bullying and exploitation.

We believe every child should feel they "**Be, Belong and Become**" while in our care. Our Vacation Care programs are guided by the **My Time, Our Place (MTOP) National Quality Framework**, ensuring children have genuine opportunities to explore, learn and grow, while our Holiday Camps and Skills Camps are built on the same commitment to safe, inclusive and high-quality experiences for every child.

The Y NSW maintains a zero-tolerance approach to child abuse and neglect, and everyone who works for or on behalf of us shares responsibility for creating safe, respectful and inclusive environments for children, young people and each other.

READY to FIND THEIR PERFECT HOLIDAY?

Whether they want a little bit of everything or the chance to focus on the sport they love, there's a school holiday experience waiting at the Y.

CHOOSE THEIR PROGRAM AND BOOK TODAY.



ymcansw.org.au

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